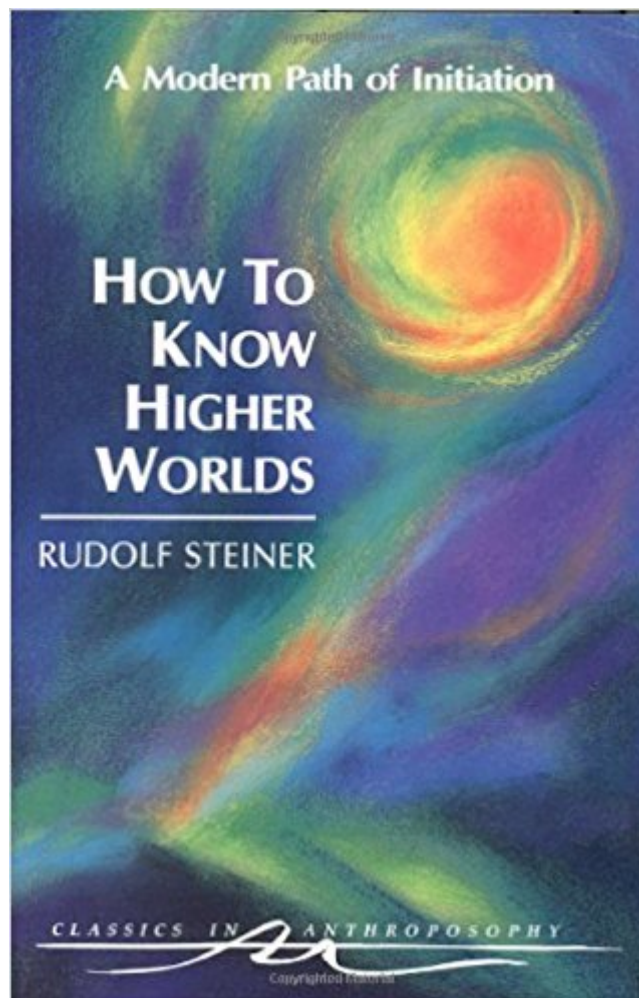




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How To Know Higher Worlds: A Modern Path Of Initiation (Classics In Anthroposophy)



Synopsis

This is the classic account of the modern Western esoteric path of initiation made public by Steiner in 1904. He begins with the premise that “the capacities by which we can gain insights into the higher worlds lie dormant within each one of us.” Steiner carefully and precisely leads the reader from the cultivation of the fundamental soul attitudes of reverence and inner tranquility to the development of inner life through the stages of preparation, illumination, and initiation. Steiner provides practical exercises of inner and outer observation and moral development. By patiently and persistently following his guidelines, new “organs” of soul and spirit begin to form, which reveal the contours of the higher worlds thus far concealed from us. Steiner in this important work becomes a teacher, a counselor, and a friend whose advice is practical, clear, and effective. The challenges we face in life require increasingly deeper levels of understanding, and Steiner’s text helps readers to cultivate the capacities for such insights and places them at the service of humanity. This is Steiner’s most essential guide to the modern path of initiation he advocated throughout his life. It has been translated into many languages and has inspired hundreds of thousands of readers around the world. How to Know Higher Worlds has been admired by some of the most brilliant minds of our time. Contents: Foreword by Arthur Zajonc Prefaces by Rudolf Steiner How to Know Higher Worlds The Stages of Initiation Initiation Practical Considerations Requirements for Esoteric Training Some Effects of Initiation Changes in the Dream Life of the Esoteric Student Achieving Continuity of Consciousness The Splitting of the Personality in Esoteric Training The Guardian of the Threshold Life and Death: The Great Guardian of the Threshold Epilogue (1918) Afterword by Arthur Zajonc Index “A true classic of spiritual literature. It is one of the best ways I know for opening up one’s life to the spiritual realms in a manner that is balanced, integrated, and loving. It is the product of a great soul who pointed out new routes into the interior.” —David Spangler, author of *Blessing: The Art and the Practice* “It is not only a personal guide to the spirit, but also a path through self-knowledge to compassionate action in the world.” —Arthur Zajonc, author of *Catching the Light: The Entwined History of Light and Mind*

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Customer Reviews

An extraordinary and invaluable offering, pathway and challenge to any person interested in personal growth and the higher reaches of the mind. I thought I was familiar with this work of Steiner's, but through the spoken - rather than the written word, a new level of understanding opened, even as the mystery of mind deepened, awesome and disturbing as well as challenging. --This text refers to an out of print or unavailable edition of this title.

This recording of Rudolf Steiner's classic spiritual work will be invaluable, not only to those approaching spiritual science for the first time, but also to those who may have read this book many times. An intimacy comes through hearing that is unavailable to the reading eye. I found myself hearing nuances, understanding more clearly, remembering far more than after reading. Turning on this recording daily on the way to work in the car would surely result in a calmer, more centered day than listening to mindless talk shows or even music. What a wonderful way for spiritual practice to enter into daily living! -- Robert Sardello, author of *Love and the Soul* and *Facing the World with Soul* --This text refers to an out of print or unavailable edition of this title.

A classic from one of the most important philosopher/scientist/economist/spiritual guides of our time

this is truly foundational and essential for any authentic progress!

I found a lot of personal support in this book during a trying time. I do not agree with his interpretation of the guardian of the threshold, and believe that he has largely borrowed from other sources. Everyone's battle with this nemesis is hard fought and is as heavy as your personal

strengths are. The more you triumph, the more it lures and haunts. Then again, this may be exactly what he means... All except for that, I found every bit useful, engaging and supportive.

It is very provoking and stirs the spirit to new dimension. There is a bigger responsibility to enlightenment than first thought.

This is a classic read, many many jewels in this treasure learned about Steiner from the Adept Dion Fortune and although I don't agree with some of both of their personal views on alot more particular race(people of there time) I can appreciate the higher knowledge that is universal for all.

This is a great book that presents a clear, concise, and safe spiritual path. Anyone who truly walks the path laid out in this book will find themselves growing spiritually in a grounded, and well centered way. It is also a great place to start for anyone getting into Anthroposophy (spiritual science), and the works of Rudolf Steiner.

Classic.

Very enlightening material, love the author 's insight on spirituality.

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